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**CARDIO WITH INTEGRATED LCD TV ENTERTAINMENT**

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**Motus USA Recognizes Generational Achievements of Legacy Gym Owners**

**LOS ANGELES, CA.** As an internationally recognized name in the world of fitness, Jon Jon Park sets the standard for premier training facilities with Legacy Gym, the first exclusive private training facility in Los Angeles catering to high-end clientele. Legacy Gym, formerly known as World Private Exercise integrates an elite caliber of personal trainers, equipment and facility amenities unlike any other. As a former Olympic swimmer, and a background spanning over 30 years of experience as a health and fitness consultant and personal trainer, Jon Jon is a gold mine of information on the industry. In addition to his superior athletic training and achievements, Jon Jon attributes much of his knowledge and accomplishment to the unparalleled mentoring of his late father, Reg Park who was affectionately known as "the Legend," hence the name Legacy Gym. Reg Park made a name for himself as a renowned bodybuilder and three-time Mr. Universe winner who mentored many worldwide including Governor Arnold Schwarzenegger. Following in the footsteps of his father, Jon Jon continues to successfully channel an accumulated wealth of knowledge and expertise at Legacy Gym.

Listed among the top 55 trainers in the United States by Vogue Magazine, Jon Jon Park and his team provide superlative training and support to motivate their clientele, many of whom are world-class athletes including Miguel Cotto, Vlade Divac, and Oscar De La Hoya, Floyd Mayweather and several international soccer stars as well as numerous celebrities.

Legacy Gym continues to excel as an incredible resource of motivation, education and inspiration, not to mention incorporating innovative and entertaining cardio solutions by Motus USA to work with. Every trainer at Legacy Gym continues to educate themselves in all areas of training, including functional, core and rehabilitating arenas. All members receive privileged access to physical therapy, an osteopath, massage, acupuncture and a postural assessment.

This first class facility is conveniently located in the Westside Towers on Olympic and Bundy in West Los Angeles. Jon Jon and his team continue to build a solid base of loyal clientele, many of which have been working with them for over 10-15 years. We invite you to come by and see for yourself what it is that keeps them coming back. The caliber of training and knowledge at Legacy Gym remains unmatched and will continue to progress forward, building upon a solid foundation of past legends and paving the way for the future.

**About Motus USA**

Headquartered in Los Angeles, CA, Motus USA signifies a premier line up of cardiovascular, strength, Pilates, and indoor group cycling solutions engineered and designed with the latest in exercise equipment technology. With every unit featuring components by Samsung®,

Mitsubishi® and Hyundai®, the result is precision engineered parts and cutting edge technology. As an ISO 9001-certified company, Motus USA continues to lead the industry with a fresh new approach to fitness, incorporating innovative solutions that inspire fit, fun and fabulous workouts.

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